

**NORTH CARROLL RECREATION COUNCIL  
IN COOPERATION WITH CARROLL COUNTY DEPARTMENT OF RECREATION  
AND PARKS IS OFFERING THE FOLLOWING PROGRAMS  
AUGUST 2014**



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**MEMBERSHIP**

Join now to become a member of the North Carroll Recreation Council (NCRC). Prices are \$15.00 for a one year membership, \$25.00 for a two year membership and \$45.00 for a five year membership. As a member you will enjoy discounts on all NCRC programs and activities. You will also receive newsletters to keep you informed of recent and upcoming events. **Membership allows you the opportunity to provide input to any of the NCRC activities and attend council meetings in the Senior Center (across from North Carroll Middle School on the 2nd Wednesday of every month at 8:00 p.m.)** To register, please download the registration form on our website [www.northcarrollrec.org](http://www.northcarrollrec.org) , complete and mail it to the address identified on the form.

**BASKETBALL**

Rec and Travel Basketball Registrations will take place during the month of September for the 2014-2015 season. Please register on-line at [www.ncrcbasketball.com](http://www.ncrcbasketball.com). In person dates will be available and posted on the website soon! For any questions, please email [ncrcbasketball@gmail.com](mailto:ncrcbasketball@gmail.com)

**VOLLEYBALL**

Recreation Volleyball will once again be held this fall at Manchester Valley High School on Fridays for those kids entering 3rd grade through 8th grade. Sessions are September 12<sup>th</sup> through October 17<sup>th</sup> from 6:00 pm to 7:30 pm. The cost will be \$25.00. No experience necessary. For more questions, please feel free to email [tleatherwo@aol.com](mailto:tleatherwo@aol.com)

## **HOOKED ON HOOPS BASKETBALL CAMP**

Hooked on Hoops Basketball Camp enjoyed another successful summer. Session 1 sold out and Session 2 was very close to a sellout. Many current and previous high school students volunteered to be counselors and several local coaches also worked to ensure our younger players in the community were taught the fundamentals of basketball and enjoyed a week or two of camp at Manchester Valley High School. The camp appreciates Seth Shipley and Shipley's Fine Jewelry for their sponsorship.

Please contact Coach Heather DeWees at [hookdhoops@aol.com](mailto:hookdhoops@aol.com) or 443-375-7757 for dates and information regarding camp dates for summer 2015. Brochures will be available next February online at [Northcarrollrec.org](http://Northcarrollrec.org).

## **FOOTBALL AND CHEERLEADING**

The 2014 is going to be another great year for North Carroll Titans Football & Cheer. Coming off of the 2013 year where the N.C. Titans were once again the strongest program in Carroll County, we are looking forward to great things. Last season, the majority of our football teams had winning records and our cheerleaders culminated their season by competing at University of Maryland's Cole Field House.

The Titans take great pride in providing the highest overall experience for our families including small team sizes, multiple levels of play, top notch equipment, a press box with game announcers and music, a homecoming festival, great concessions, and an outstanding painted natural turf game field. We plan to continue expanding our football & cheer experience this season including upgrading player equipment, new uniforms, and improvements to our game facilities.

The 2014 season is upon us and we are excited to welcome both new and old friends. Registration for football & cheer will be open as long as possible through August. For any information please visit [www.ncrcfootball.com](http://www.ncrcfootball.com) or call 443-744-9085.

## HORSEBACK RIDING (WESTERN)

We invite you to participate in a Basic Horsemanship Clinic. We received our Certification from the Maryland Department of Ag as an Equine Experience Center. We are also a MD State Approved instructional and boarding facility. We offer a 120' x 72' indoor lighted arena. This program has been designed to introduce and have you participate with the horses and horseback riding in a safe and secure environment.

This one and half hour program with no more than four students is conducted by Roxann Baldwin Owner/Manager. The participants are eight years and older and will take a tour of the facility. We will cover general knowledge about horses and different riding disciplines along with equipment that will be used. Safety Rules and Safety Equipment will be discussed. This will be covered before each student can brush and saddle their horse they are to ride. Each rider will be assigned a student helper who will be with the rider at all times. We will assess the rider ability with the temperament of SRS Lesson Horses. The Rec price on this clinic is \$40.00 and must be prepaid. Please email or call to make an appointment to participate. Call Roxy Baldwin at 410-374-3870 or [Roxy@sweetrockstables.com](mailto:Roxy@sweetrockstables.com)

## HORSEBACK RIDING (ENGLISH)

Country Hill Farm is a great place to learn how to ride - Beginner to Advanced English riding lessons. We are open to the public. Country Hill Farm will be hosting our next horse show on September 6, 2014. Come and see what we are all about. For more information go onto our website [www.countryhillhorsefarm.com](http://www.countryhillhorsefarm.com) or call 410-876-2950.

## YOGA

**NCRC Yoga** will be offering 2 classes during the fall session. One class will run Monday evenings and the other class will run on Wednesday evenings. Both classes begin at 7:00 and end at 8:15 pm. Classes begin the week of September 15<sup>th</sup> and run for 12 weeks through the week of December 8<sup>th</sup>. Both classes are held in the Activity Room of the North Carroll Senior Center. Classes are open to anyone regardless of age, ability or experience level. Cost per session (either Monday or Wednesday) is \$144.00 for the full session - discount given if registering for both Monday and Thursday classes. **Come and give yoga a try!**

If you have any questions, please feel free to give me a call or email. Jennifer Zeller, RYT 443-829-8969 [jennzeller@gmail.com](mailto:jennzeller@gmail.com)

## N.C.R.C. GIRLS LACROSSE PROGRAM 2014 SUMMER UPDATE

### NORTH CARROLL Girls Lacrosse 2014 Fall Ball Program

The North Carroll Girls Lacrosse Program is happy to announce that registration is currently underway for our 2014 Girls Fall Ball Lacrosse and Fundamental Skills Clinic Program. Our 2014 program is open to Pocket, Tyker, Lighting, Midgets & Junior age players, based on the 2014 -2015 school year (kindergarten thru 8<sup>th</sup> grade) for both experienced and new players to the game. The program will be taught by experienced NCGL and collegiate coaches and players. Each weekly session will focus on individual and team development, age group rules and game play. We will also be hosting a goalie clinic for all age groups during our fall 2014 program. Dates for our fall 2014 program are below. Pocket and Tyker clinic times will be from 1 pm to 3 pm. Lighting, Midget & Juniors will be from 3 pm to 5 pm.

### NC LAX Fall Ball Program Weekly Dates

- Sunday, September 7, 2014 1 pm to 5 pm
- Sunday, September 14, 2014 1 pm to 5 pm
- Sunday, September 21, 2014 1 pm to 5 pm
- Sunday, September 28, 2014 1 pm to 5 pm
- Sunday, October 5, 2014 1 pm to 5 pm
- Sunday, October 12, 2014 **Bye Weekend - Dillsburg**  
**Shoot Out Soccer Tournament**
- Sunday, October 19, 2014 1 pm to 5 pm
- Sunday, October 26, 2014 1 pm to 5 pm

### NC Girls Lacrosse 2014 Fall Ball Location

Hampstead Municipal Park - Hampstead, Maryland

### Age Groups

Pockets Age Group: Kindergarten & 1<sup>st</sup> Grade

Tyker Age Group: 2<sup>nd</sup> & 3<sup>rd</sup> Grades

Lighting Age Group: 4<sup>th</sup> & 5<sup>th</sup> Grades

Midgets Age Group: 6<sup>th</sup> & 7<sup>th</sup> Grades

Juniors Age Group: 8<sup>th</sup> Grade

## **Program Costing**

Registration Fee: \$70.00 (registration includes player reversible jersey)

Electronic Registration: [NC Fall Ball 2014 Registration Portal](#)

Registration Open: June 7, 2014 thru August 29, 2014

Please feel free to pass this information out to anyone you know that is thinking about playing lacrosse this coming season. Our program is designed to help new players to the game, players whom are transitioning from one age group to another (Tyker's to Lightning is a critical jump) and for individuals whom are looking for more focused attention on skills development, such as non-dominant hand development, and goalie skills development as examples. We will be sending more Fall Ball schedule information in the next few weeks. If you have any questions, please let us know.

## **North Carroll Girls Lacrosse 2015 Spring Season Registration & Player Evaluations**

NCGL Spring Season 2015 E-Registration will open up on October 5th and Player evaluations will be held on **Sunday November 2<sup>nd</sup> and Sunday, November 9<sup>th</sup> from 1 pm to 5 pm.** The link to our E-Registration site and detailed evaluation information will be posted at [www.ncgirlslax.com](http://www.ncgirlslax.com) by October 5<sup>th</sup>, 2013. We will also be sizing for 2015 Spring Season Uniforms during our player evaluations. More info to follow, please visit [www.ncgirlslax.com](http://www.ncgirlslax.com) for the most updated program information.

## SUMMER PLAYGROUND

June 23-27

34 campers

44 Volunteers

792 Service hours earned

July 7-11

66 campers

44 Volunteers

739 Service hours earned

Grand total for both weeks:

100 campers

88 volunteers= 1,531 Service hours earned!

We had another successful year with all enjoying our time and placement at Hampstead Elementary. We continued the outstanding leadership and work ethic of many middle and high school volunteers. We experienced make your own snacks, crafts, and lots of indoor and outdoor play. We also enjoyed water day games! Thank you to all of our campers, families, volunteers, and especially the Hampstead Elementary School staff. It was a wonderful time and we are looking forward to next year!

Rhonda Wastler and Melissa Stickles

## **N.C.R.C. HOTSHOTS**

The North Carroll Hotshots Fast Pitch Organization is currently holding tryouts for our 2014/2015 softball travel tournament teams. The Hotshots will have teams competing at age groups 10u/12u/14u/16u and 18u in tournament play. The Hotshots offer various levels of tournament teams from "A" thru "C" competing in an invitational's, showcases, states and other World Series play. The Hotshots program continues to grow at all age groups and we are looking for players that are hardworking, committed and driven to excel on and off the ball field. We pride ourselves with offering experienced coaches to work with our players to make them successful on the ball field. We offer various types of clinics for our players to continue to grow. If you feel you have what we are looking for, we hope you will join us. All tryouts will be held at Hampstead Elementary. If you would like to tryout but can't make these dates feel free to contact us for a private tryout. This past year the Hotshots had champions thru league and tournament play including state champions. If you have questions or more information feel free to contact Mike at 410-259-7426 or [thummp1616@aol.com](mailto:thummp1616@aol.com)--you can visit us at [www.ncrchotshots.org](http://www.ncrchotshots.org).

July 27<sup>th</sup>, August 3<sup>rd</sup> and 17<sup>th</sup> --10u and 12u from 12:00 pm-2:00 pm

14u, 16u, and 18u from 2:00 pm-4:00 pm

August 15<sup>th</sup> 6:00 pm-8:00 pm-----All ages

## **NORTH CARROLL HOTSHOTS FAST PITCH**

The North Carroll Hotshots Fast Pitch Program is accepting registrations for the upcoming 2014/2015 softball recreation season. The Hotshots offer a 6u program that is clinic formatted and have recreation teams competing at the 8u/10u/12u/14u/16u and 18u age levels. Our teams compete in the Mason Dixon League and Central Maryland Leagues which this past season had many champions. We are looking for players that want to have fun while learning to compete on the ball field. Our coaches are experienced and committed to our players. We offer various types of softball clinics for our players to increase their skills level as well. Early bird registration starts August 1<sup>st</sup> with a \$25.00 discount and family discounts are also offered. If you have any questions feel free to contact Mike at 410-259-7426 or [thummp1616@aol.com](mailto:thummp1616@aol.com) or you can visit our website at [www.ncrchotshots.org](http://www.ncrchotshots.org)

## **STRIKING COBRA NEWSLETTER**

Striking Cobra Martial Arts is ready for Fall and Winter with our 15<sup>th</sup> year in with the N.C.R.C. SCMA is a Kenpo- based style infused with judo and jujitsu. We welcome both children (7 years old and up) and adults (any age), with classes being held on Tuesdays (Children 6:30-7:30 and Adults 7:30 -8:30) our Friday classes are combined and run from 6:30-7:30.

We are located on Route 27 in West Chester Square. We share space with the N.C.R.C. Dance program. Tuition for SCMA is \$40.00 monthly for NCRC members, with no contracts to sign. For additional information contact us at [strikingcobrama@gmail.com](mailto:strikingcobrama@gmail.com) or come in to talk to someone in person. **Your first class is always free!**

**ADA STATEMENT: Accessibility Notice: The Americans with Disabilities Act applies to the Carroll County Government and its programs, services, activities and facilities. If you have questions, suggestions, or complaints, please contact Jolene Sullivan, the Carroll County Government Americans with Disabilities Act Coordinator, at 410-386-3600.**